

General Biography

Stephen M. Mathis, Psy.D., A.A.P.T.A., M.A.C., I.C.A.D.C., C.C.A.D.C., C.C.D.P.-D., C.R.A.T., C.C.S., C.S.P., C.G.P., B.C.F.E., B.C.F.M., D.A.B.P.P., F.A.C.F.E., C.C.J.S., C.C.J.A.P.-II, C.R.S.T., F.P.P.R., F.A.C.A.P.P., F.C.I.C.P.P., is a licensed psychologist and internationally certified addictions counselor. In addition to earning two Undergraduate degrees, a Master's degree, and a Doctorate degree, Dr. Mathis possesses a Post-Doctoral in Clinical Psychology, a Diplomate in Addictionology, a Diplomate in Co-Occurring Disorders, Diplomates in Forensics (one in Forensic Examination, one in Forensic Medicine, and many in various subareas of Forensic Psychological Specialties), a Diplomate in Sports Psychology, a Diplomate in Psychopharmacology, a board certification in substance abuse treatment from the American Psychological Association, an international board certification in addictions, and a national board certification in group psychotherapy. Further, he is a Fellow of the American College of Forensic Examiners, a Fellow of the Prescribing Psychologists' Register, a Fellow of the American College of Advanced Practice Psychologists, a Fellow of the International College of Professional Psychology, a Certified Criminal Justice Specialist, a Certified Criminal Justice Addiction Professional, a Master Addiction Counselor, a Certified Clinical Alcohol and Drug Counselor, a Certified Rational Addictions Therapist, a Certified Rational Sex Therapist, and a Certified Clinical Supervisor of other counselors treating addictions. Dr. Mathis is also certified in Eye Movement Desensitization and Reprocessing (EMDR) and as a trainer for other therapists working with athletes.

Since 1983, Dr. Mathis has specialized in working with, assessing, and treating adolescents, adults (mainly young and middle-aged adults), families/couples, athletes, gays/lesbians/bisexuals, and trauma survivors. Treatment areas and populations served include addictions, destructive "cults", gang involvement, alternative religious expressions, existential issues, "new age" matters, disruptive behaviors, attention deficits, learning disorders, pain management, suicide, interpersonal conflict, relationships, academic and/or occupational dysfunction or impairment, sexual orientation issues, identity concerns, eating disorders, social skills deficits, stress-related disorders and/or management, sport and/or athletic competition matters, survivors of dysfunctional or abusive families and/or relationships, forensic evaluations and related issues, participants in the BDSM and/or polyamorous lifestyle, and coping with death, grief, or significant loss.

In addition to providing psychological assessment, individual psychotherapy, and group therapy, Dr. Mathis is an adjunct/part-time faculty at several on-line and local colleges/universities, conducts seminars and workshops nationwide on a variety of topics, supervises other therapists, and has pioneered a new form of music-assisted therapy (M.A.TH.I.S.). Currently, he is a member of the American Psychological Association, the American Academy of Psychologists Treating Addictions, the American College of Forensic Examiners, the National Association of Cognitive-Behavioral Therapists, the National Association of Forensic Counselors, the Association for the Advancement of Applied Sport Psychology, the Prescribing Psychologists' Register, the American College of Advanced Practice Psychologists, and the Executive Board in Georgia of the International Certification and Reciprocity Consortium — Alcohol and Other Drugs of Abuse.

Apart from his clinically related work, Dr. Mathis is an avid live and studio musician, vocalist, songwriter, arranger, and producer. He also practices healthy lifestyle habits that include regularly working out and a daily regimen of organic supplements.

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Appointments are also available in Buckhead and Cumming. Interested persons should call the Roswell office to set up appointments at either satellite office location.